

mikomax
smart office.

Stand Up



reddot award 2017
best of the best

Stand Up

PERSONALIZATION

COLOURS

UNPLUGGED





Focus
Zone



Cooperation
Zone



Support
Zone

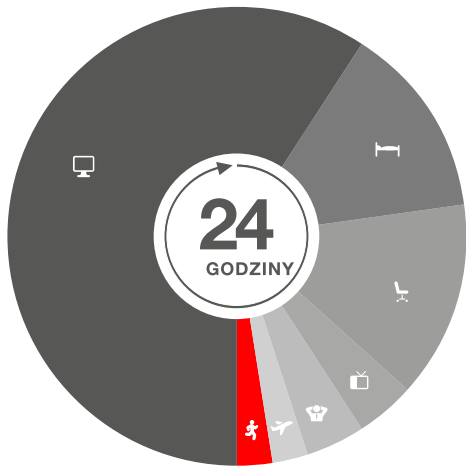


A wide range of desk colour finishes, an optional print on the side panel or a upholstered overlay give almost unlimited possibilities to personalise your workplace. Functionality, ergonomics and the ability to personalise are key advantages of this system.

Do not be afraid of colours, enjoy Stand Up!

Long-term sitting

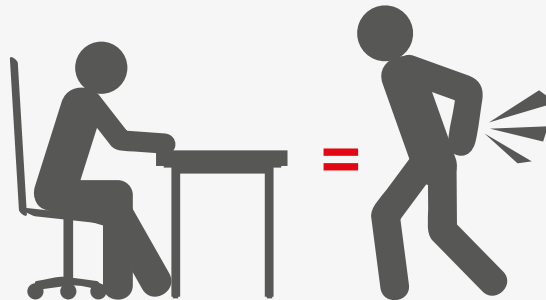
Did you know that, on average, we are active only for **76 minutes** per day?



- Using a computer **1860 minutes**
- Sleeping **429 minutes**
- Traveling **81 minutes**
- Working in sitting position **434 minutes**
- Watching TV **132 minutes**
- Free time **102 minutes**
- Activity **76 minutes**

Health problems

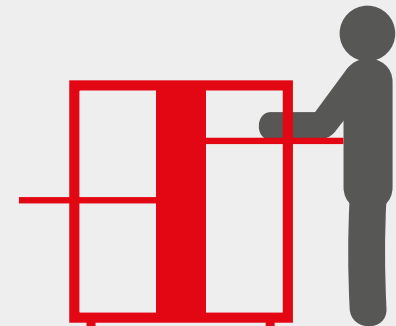
Long-term sitting can cause a lot of unwelcome **medical conditions**.



- Neck pain
- Back pain
- Heart diseases
- Knee pain
- Muscular degeneration
- Poor blood circulation
- Risk of diabetes
- Obesity

Solution

Stand up for your health!



- Work in standing and sitting positions
- Walk during breaks
- Write fewer emails-talk f2f
- Walk while talking on the phone
- Use the stairs

Stand up revolution



A recent study showed that **79% of employees** think that their happiness at work depends as much on their **ergonomic office environment as on high wages.** ¹

Working in a standing position makes our heart accelerate up to 10 beats per minute, **reducing the risk of cardiovascular disease.** ²

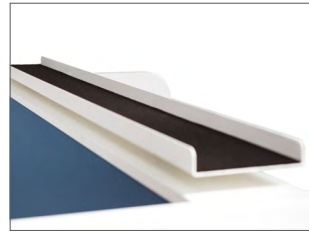
90% of workers in Scandinavia have access to **sitting-standing workplaces.** ²

Source:

1. <http://www.outsourcingportal.eu/pl/jak-rozne-pokolenia-postrzegaja-swoje-miejsce-pracy>

2. <http://hrstandard.pl/2016/01/25/rewolucja-na-stojaco/>

Stand Up



rack for accessories



height adjustability is fast and intuitive



easy access to cable by user



upholstered panel

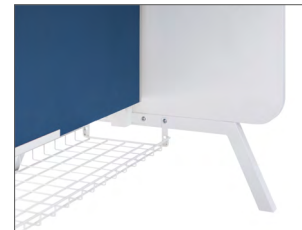
overprint on panel



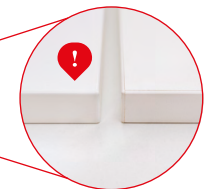
easy access to cable by user



height adjustability is fast and intuitive



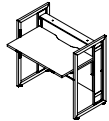
easy access to cable by user



Product range

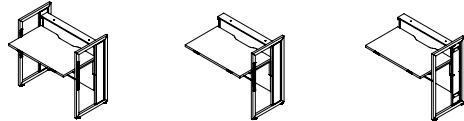
STAND UP R

Single desk
Basic desk element



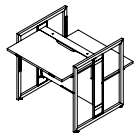
[W x D x H] 1440 x 1050 x 1325
[W x D x H] 1684 x 1050 x 1325
[W x D x H] 1440 x 1050 x 1425
[W x D x H] 1684 x 1050 x 1425

Single modular desk
Initial desk element Middle desk element Final desk element



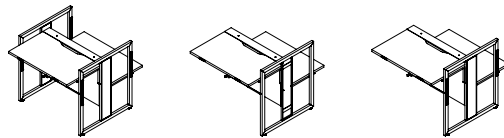
[W x D x H] 1440 x 1050 x 1325
[W x D x H] 1684 x 1050 x 1325
[W x D x H] 1440 x 1050 x 1425
[W x D x H] 1684 x 1050 x 1425

Double desk
Basic desk element



[W x D x H] 1440 x 1765 x 1325
[W x D x H] 1684 x 1765 x 1325
[W x D x H] 1440 x 1765 x 1425
[W x D x H] 1684 x 1765 x 1425

Modular double desk
Initial desk element Middle desk element Final desk element



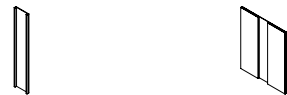
[W x D x H] 1440 x 1765 x 1325
[W x D x H] 1684 x 1765 x 1325
[W x D x H] 1440 x 1765 x 1425
[W x D x H] 1684 x 1765 x 1425

Upholstered side panels for single desks



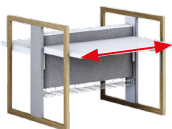
[W x D x H] 245 x 38 x 1190
[W x D x H] 245 x 38 x 1290

Upholstered side panels for double desks



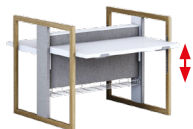
[W x D x H] 270 x 38 x 1190
[W x D x H] 1080 x 38 x 1190
[W x D x H] 270 x 38 x 1290
[W x D x H] 1080 x 38 x 1290

1600mm
1360mm



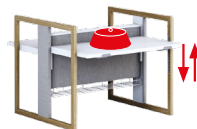
two dimensions of the desk

670–1150mm
670–1250mm



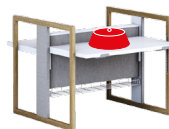
two ranges of height adjustment of the desk

max. 15kg



max. load on the work surface in movement

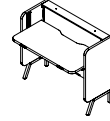
max. 100kg



max. static load on the worktop

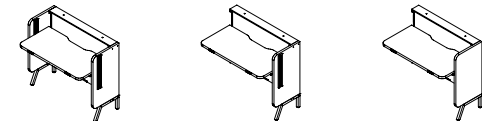
STAND UP

Single desk
Basic desk element



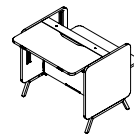
[W x D x H] 1440 x 840 x 1150
[W x D x H] 1440 x 840 x 1250

Single modular desk
Initial desk element Middle desk element Final desk element



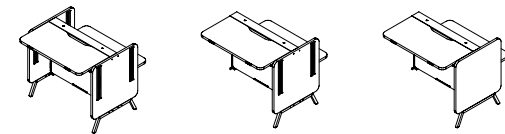
[W x D x H] 1440 x 840 x 1150
[W x D x H] 1440 x 840 x 1250

Double desk
Basic desk element



[W x D x H] 1440 x 1530 x 1150
[W x D x H] 1440 x 1530 x 1250

Modular double desk
Initial desk element Middle desk element Final desk element



[W x D x H] 1440 x 1530 x 1150
[W x D x H] 1440 x 1530 x 1250

Cabinets



[W x D x H] 400 x 577 x 1150
[W x D x H] 400 x 577 x 1250

Upholstered overlay



[W x D x H] 400 x 1000 x 1150
[W x D x H] 400 x 1000 x 1250
[W x D x H] 1037 x 46 x 937
[W x D x H] 1037 x 46 x 1037

670–1150mm
670–1250mm



two ranges of height adjustment of the desk

max. 15kg



max. load on the work surface in movement

max. 100kg

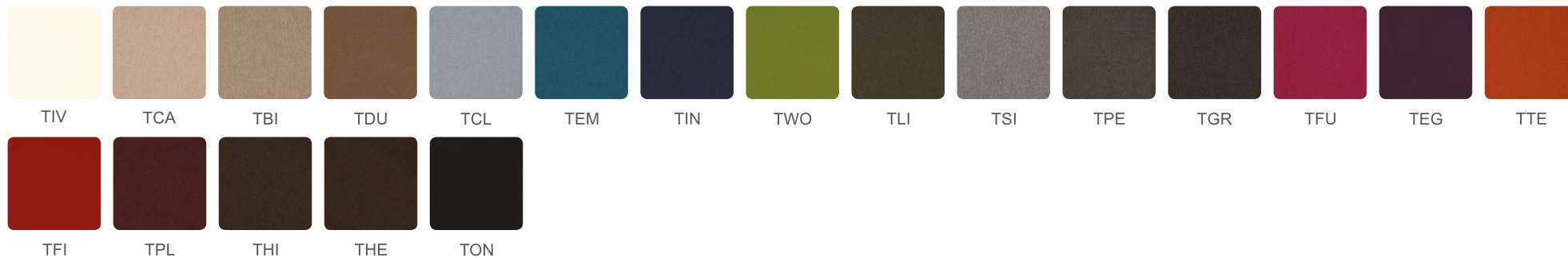


max. static load on the worktop

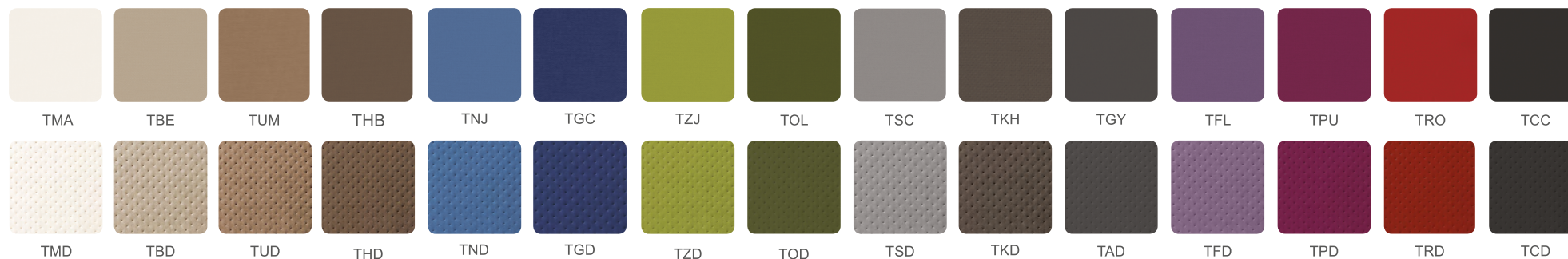
Finishes

Fabrics

WOOL



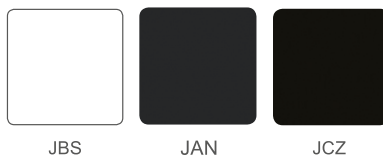
MURA



Decors



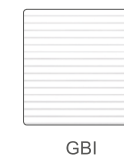
Metal



Wood



Plastic



- * This brochure is not a legally-binding offer.
- * System configuration according to price lists.
- * The manufacturer reserves the right to make design and colour changes in the specification without altering their overall nature.

Would you like to check
Stand Up in your office?

Want to learn more?



Contact our showrooms - you will find their addresses on our website.

www.bsl-lifestyles.com

Who are we?



Mikomax Smart Office is an expert in designing offices, combining its expertise in office furniture production with its own concept of implementing it within a modern office environment.