



AT.

Wilkhahn's free-to-move concept powered by Trimension® is a global benchmark in healthy three-dimensional sitting. The AT family with its integrative, coordinated design, variety of models and customizable features is the smart all-rounder among the free-to-move ranges. The self-centering suspension of the seat shell ensures bodies maintain their center of gravity – whatever the posture adopted or movement made. And because the backrest bearer that can be tilted comes with automatic weight adjustment, AT makes embracing a healthy range of motion while sitting child's play for everyone. Just sit down, adjust the seating height and you're done! The chair and your body will do the rest by themselves ...

AT 187/71 office chair, design: Wilkhahn, with Timetable Lift 615/00 tables, design: Andreas Störiko and Foldscreen 609/12 panels, design: Wilkhahn. Insit 783/51 benches, design: Wolfgang C.R. Mezger, Occo 222/91 table and Stand-up 202/0102 stool, design: Thorsten Franck in the background.







# "Sitting higher makes standing up easier"

### AT with ESP to encourage use of sit-stand options

Electrically height-adjustable desks are increasingly becoming the new standard in offices to encourage people to alternate between sitting and standing. The problem is that most of us don't take up this option because getting up from a normal seating height and adjusting the table height are both too time consuming. Consequently, changing posture always means interrupting what we're doing.

This is why Wilkhahn is offering ESP (elevated sitting position) models in its ON®, IN and AT free-to-move office chair ranges, which include the benefits of patented free-to-move kinematics by prompting a mix of sitting and standing.



### Empowering users.

### Counter stools for high tables in spaces with counters and project offices

In addition to office chair models with normal height adjustment and an elevated sitting position, AT also has height-adjustable counter stools with adjustable foot rings. These models aren't just used at counters, but also at high tables in contemporary project rooms so that people are at the same level when they're sitting and standing.



AT Mesh counter stool 187/11 with Occo table 222/91 in standing height with an HPL table top, design: jehs+laub

Views and references (4/10)

Ergonomics and health

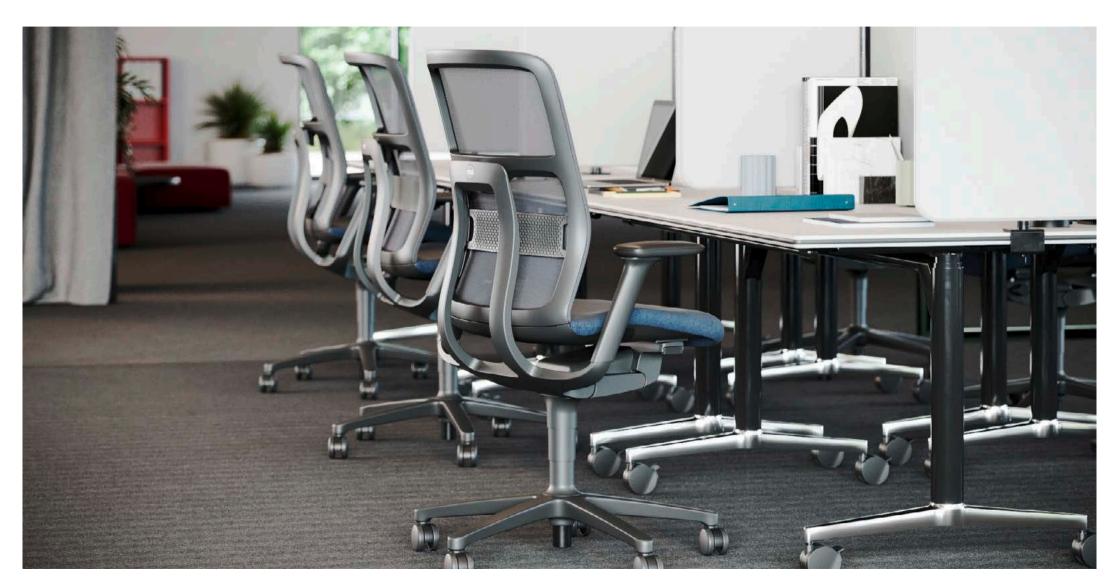
Designs

Accessories and other items

Accessories and dimensions

Technical details

Awards, standards dimensions



AT Mesh, 187/71 at a Timetable Lift 615/00, design: Andreas Störiko, with Foldscreen, front and side panels 609/10 and 609/11, design: Wilkhahn. The models with mesh backrests adapt perfectly to different body shapes, lend the chairs a lightweight, transparent look and ensure good airflow.

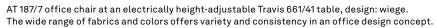




AT 187/9 at an Occo 222/90 table with a veneered oak table top and Occo 222/31 task chairs, design: jehs+laub.

Combining the chair with table and conference chair ranges based on the same integrative design produces seamless design solutions – such as the Occo range here, designed by jehs+laub.







AT 187/7 office chair at a height-adjustable Travis 661/41 table, design: wiege.
If the office chair has one dedicated user only, the automatic weight adjustment feature comes with a presetting in ten increments to adapt the chair to suit personal preferences.





AT Mesh (ESP), 187/73 at a Timetable Lift 615/00, design: Andreas Störiko

AT ESP 187/72 at an electrically height-adjustable Travis 661/41 table, design: wiege.
Used at desks that can move up and down, the models with elevated sitting positions (ESP from 430 to 610 mm (16%" to 24")) encourage people to alternate between sitting down and standing up.

Views and references (9/10)

Ergonomics and health

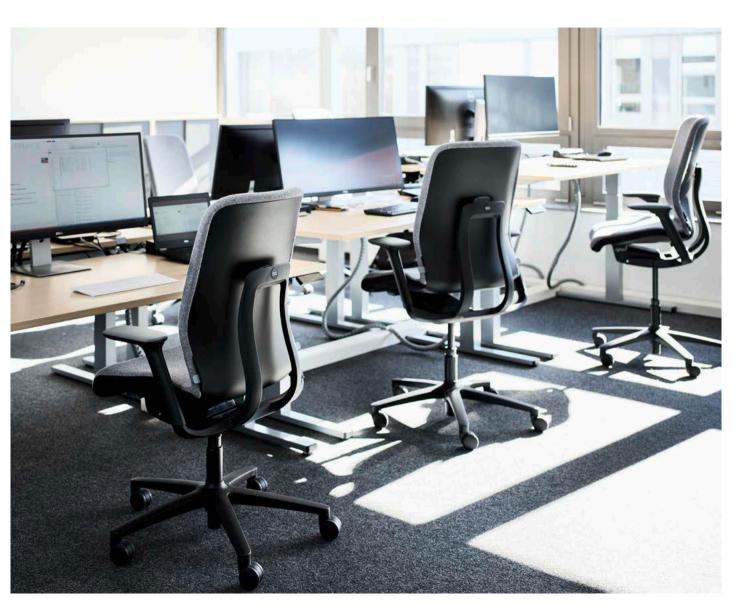
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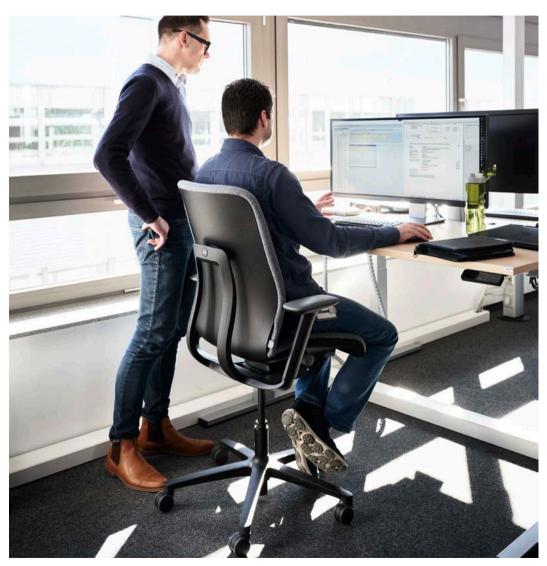
Awards, standard dimensions



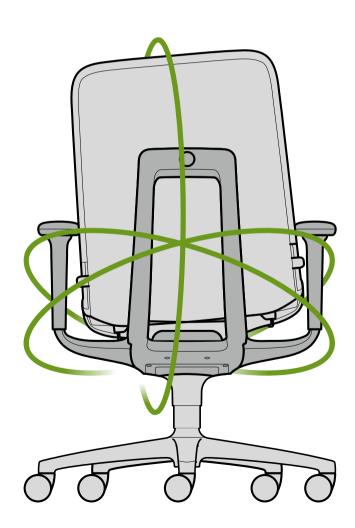
# Wilkhahn

AT ESP 187/72 office chair
AT ESP allows users to incorporate sitting, standing and perching into their workflow.





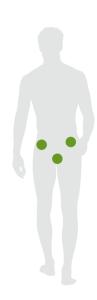
AT ESP 187/72 office chair AT ESP 187/72 office chair



All health experts agree that our muscles, bones, joints, cardiovascular and digestive systems, our ability to combat stress and powers of concentration depend on movement. On the other hand, sitting still for long periods of time makes us lethargic and is harmful in the long term. Primarily, it's the three-dimensional movement of the hips that has the biggest impact on a healthy metabolism. For this reason, Wilkhahn joined forces with the German Sport University Cologne to develop free-tomove kinematics, which prompts people to move their bodies in all directions while sitting down.

Several scientific case studies corroborated the healthy, performance-enhancing effects of the free-to-move office chairs. These chairs encourage users to move more frequently and in different ways, therefore boosting their feeling of wellbeing, powers of concentration and the metabolism of the muscles in the lumbar region (which is very often plagued by backache). The scientists have proved the impact of free-to-move capability in preventing complaints typically caused when people sit down for long periods of time. And over 500,000 users worldwide are already benefiting from Wilkhahn's new office chair generation.

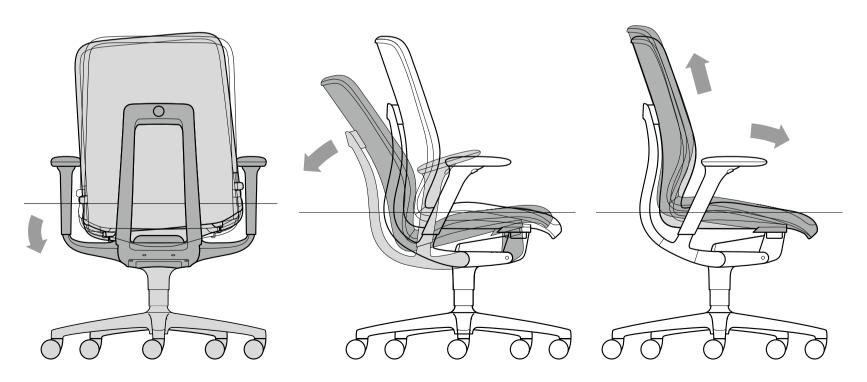
The AT model with ESP makes sitting even healthier by including sit-stand options as well.



AT. 187 range. Free-to-move. More active, more dynamic, healthier.

### Wilkhahn

Synchronously supporting 3D kinematics called Trimension® lie at the heart of AT. The self-centring suspension of the seat shell is combined with an automatic weight adjustment mechanism (which is why users don't have to adjust AT to their own weight) and optionally comes with a pre-adjustment feature to suit personal preferences. This activates the natural range of motion the human pelvis is capable of and includes flexing, extending, tilting or rotating it. Synchronous forwards and backwards movements allow a tilt angle of up to  $12^\circ$  in the seat and up to  $26^\circ$  in the backrest. AT also comes with an optional 3D forward tilt of up to  $-5^\circ$  that can be activated, whereby the backrest is raised synchronously by 25 mm so that the lumbar support always stays in the right position. The seat and back can be tilted sideways from the horizontal by up to  $12^\circ$ . This automatic feature also comes with an optional pre-setting in ten increments to adapt to personal preferences. AT is suitable for people weighing 45-140 kg (99-308 lb).







The self-centering suspension of the seat shell on the backrest bearer and automatic weight adjustment allows bodies to maintain their center of gravity – whatever the posture or movement – without the need to adapt the chair to suit different users. The coordinated design of each component creates a sculptural and apparently seamless form. The chair symbolizes the fluid, automatic and intuitive movements the user makes.



### AT - the smart one, with automatic weight adjustment

A whole host of basic models, automatic weight adjustment, a wide range of features and seminal design make AT the top free-to-move office chair for hot desking and the number one choice for changing setups in modern office environments. The ESP version with a medium-height backrest is available with black and white base frames, a backrest shell optionally covered on the rear, or with a covered backrest frame.







AT 187/7 office chair, design: Wilkhahn, with Occo SC 221/32 task chairs at an Occo 222/90 table with an HPL tabletop, design: jehs+laub. AT's design and fluid lines immediately suggest it's a comfortable place for people sit and benefit from a range of motion in all directions.

AT. 187 range. Product types.

# Wilkhahn



187/71
Task chair, medium-height backrest covered with mesh



**187/7**Task chair, medium-height backrest



187/8 Task chair, high backrest



**187/9**Task chair, high backrest with headrest and neck rest

AT. 187 range. Product types.

# Wilkhahn



# AT. 187 range. Product types.

### Wilkhahn

### Upholstery material for seat and backrest shell



37 Racer | 47 Nova | 54 Pitch | 60 Blend | 66 Lona 68 Kvadrat Remix 2 | 69 Granit | 74 Leather | 91 Kvadrat Steelcut Trio 3 | 92 Credo You can find all upholstery materials and additional colors in our media center. The backrest shell can also optionally be covered on the back.

#### AT Mesh - 34 Vivid\*













34/1001 Digital White | 34/1201 Space Grey | 34/1401 Black Metal | 34/1601 Poppy Red | 34/1701 Lemonade | 34/1901 Miami Blue

\* The Vivid upholstery material for the AT Mesh is made of PET bottles, 80% recycled and has OEKO-TEX standard 100, cradle-to-cradle (bronze) certification.

#### Frame surfaces



All plastic components are in black or white (Synchro-adjustment mechanism, backrest bearer, seat and backrest shell as well as the armrests)

### Armrest pads, controls



Armrest pads optionally also in black

#### Star bases









Aluminum coated black or white with a textured matte finish (see price list) or high-luster polished or in black plastic.

# AT. 187 range. Accessories and other items.

### Wilkhahn









If a transparent look, good airflow and the ability to adapt to different shapes of back are primarily required, the AT Mesh model with is mesh backrest frame is the right choice. The height of the lumbar support can be adjusted by 60 mm (2%").



The intricate stitching on the side facings of the models upholstered with **leather underscores** the elegantly sweeping contour of the seat and backrest.



The height of the **armrests** is adjustable by 100 mm (3%) at the touch of a button. The depth of the armrest pads on 3D armrests can optionally be extended by 50 mm (5) and the width by 25 mm (1), 4D armrests can also rotate inwards and outwards by 25°.

### Seat-/backrest shells, backrest frame and bearer and base frame

AT's key components are available in black or white, the backrest shell is also optionally covered on the rear. All controls come in gray and the armrest pads in gray or in black on request. The different upholstery elements make three backrest heights possible that cover medium height, advanced height and advanced height with headrest and a height-adjustable neck rest. The upshot is a wide range of models for any areas requiring office chairs, as well as covers from the Wilkhahn fabric and leather collection, so there's virtually no limit to the designs possible.







Icons on the controls illustrate what they do. The lever on the right adjusts the sitting height precisely and the knob can conveniently alter the seat depth while the user's sitting down.



Locking/optional presetting of the automatic weight adjustment feature

Icons on the controls illustrate what they do. The lever on the right adjusts the sitting height precisely and the knob can conveniently alter the seat depth while the user's sitting down.



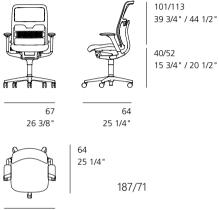
Integrated lumbar support and optional forward tilt
All AT models have lumbar support the height of which is
also very easy to adjust by 60 mm (2%") (via handles at
the sides of the backrest shell). The optional activation
of the innovative forward seat tilt raises the backrest
and therefore the lumbar support synchronously.

# AT. 187 range. Models and dimensions.

### Wilkhahn





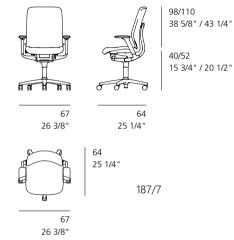


26 3/8"

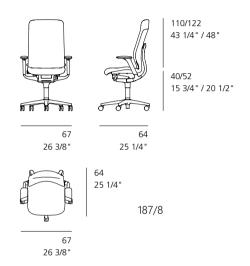
26 3/8"





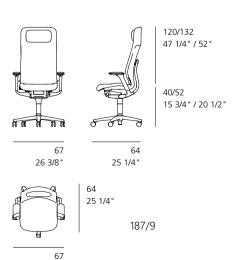










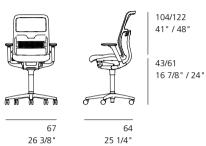


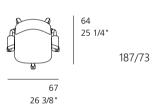
# AT. 187 range. Models and dimensions.

## Wilkhahn



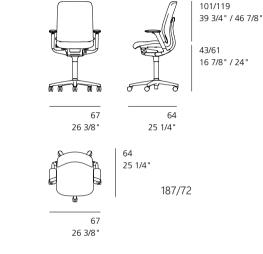






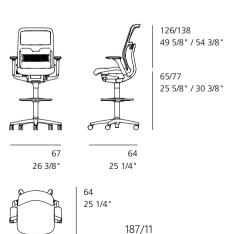
26 3/8"



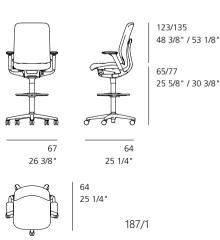












67 26 3/8"





#### **Function**

Free-2-move office task chair with Trimension®, integrated synchronously supporting 3D kinematics. The self-centering suspension of the seat shell is combined with automatic weight adjustment and the chair optionally comes with the ability to preset the automatic weight adjustment in ten increments to suit personal preferences. Trimension® activates the natural range of motion the human pelvis is capable of and which matches the way the joints function, from flexing, extending, leaning sideways or rotating the pelvis. When moving synchronously backwards and forwards, the angle of the tilt ranges from 12° in the seat and up to 26° in the backrest, optionally with a 3D forward tilt of up to 5° that can be activated during which the backrest is raised synchronously by 25 mm (1") so that the lumbar support is always in the right position. The seat and back can be tilted sideways from the horizontal by up to 12°. At the same time, the counter pressure adjusts automatically to any posture or movement so that the body always maintains its centre of gravity.

AT is suitable for people weighing 45-140 kg (99-308 lb). The backrest has height-adjustable lumbar support (in eight lockable positions of up to 60 mm (2\%")). The backrest and seat can be locked in a neutral horizontal 0-position, the optional 5° 3D forward tilt can be activated by lifting the seat and back. The seating height can be precisely adjusted at the touch of a button between 400 mm (1534") and 520 mm (201/2") with a DIN 4550-compliant, precisonadjustable gas lift, optionally with a contact suppression feature. Seat depth: 430 mm (16%"). optionally integrated, users can turn a knob while sitting to precision adjust the seat-depth extension from 390 mm (15%") to 450 mm (17%"). (The height of the elevated seating position (ESP) models is precision adjustable from between 420 mm (161/2") and 600 mm (23%") and the counter chairs between 650 mm (25%") and 770 mm (30%")).

#### Frame

#### Task chairs

Five-star base made of black through-dyed, fiberglass-reinforced polyamide, optionally of die-cast aluminum, coated, polished or high-luster polished. Twin-wheel swivel casters with load-dependent braking, made of black DIN EN 12529-compliant polypropylene as the standard version for carpets, optionally with grav tire made of polyurethane for hard flooring. Casters optionally electrically conductive. The gas lift is covered by a telescopic protective tube made of black or white through-dyed polypropylene (does not apply to the ESP version). The mechanism shell is made of black or white through-dved, fiberglass-reinforced polyamide with a cover made of black or white throughdyed polypropylene. The backrest bearer to accommodate the seat and backrest is made of black or white through-dyed, fiberglassreinforced polyamide with a central steel joint.

#### Counter stool

With extra height-adjustable foot ring, bright chrome-plated, with lock screw to affix it and twinwheel swivel casters with loaddependent braking.

#### Seat and back

### Models 187/7, 187/8, 187/9, 187/72.187/1

Unitary and highly elastic selfcentering seat and backrest shell suspended on the backrest bearer made of black or white through-dyed glass-bead reinforced polypropylene. Three backrest heights (medium height, advanced height. advanced height with headrest and neck rest), backrest shell optionally covered in fabric or leather, neck rest made of polyurethane foam, covered in black or grav leather. When leather 74 is chosen, in the same material and color as the backrest cover. Seat and back cushioning made of polyurethane with CFC-free foam, as replaceable upholstery element with covers from the Wilkhahn fabric and leather collection. With optional seat-depth extension of 390 mm (15%") to 450 mm (17%") that is precision adjustable by turning a knob. The side facings are always colormatched with the Racer fabric cover, where other fabrics are concerned optionally in black (37/99), anthracite (37/25) and light gray (37/95). Everyone models optionally seat with soft padding (with additional cut foam). Plastic lumbar support integrated between the seat and backrest shell and backrest

Technical details (2/2)

cushioning, height-adjustable by 60 mm (23/8") in eight lockable positions.

#### Models 187/71, 187/73, 187/11

The seat and backrest element is suspended in a self-centering manner on the backrest bearer and the back is a mesh-covered frame. The mesh is made of 80% post-consumer-recycled polvester and 20% elastomer. The seat shell and backrest frame are made of black or white throughdyed plastic with a seat upholstery panel of polypropylene. The seat cushioning is made of CFCfree polyurethane foam, with fabric covers taken from the Wilkhahn fabric collection. The seat upholstery panel is optionally with a seat with soft padding (with addition cut foam), upholstery and covers are replaceable. With optional precision-adjustable, seat-depth extension of 400 mm (15%") to 450 mm (17%"). The back comes as a backrest frame, optionally with lumbar support, color-matches the frame in black or white and the height can be adjusted by 60 mm (23/8") in six lockable positions and is a retrofittable feature. Subject to change.

#### Optional armrests

Armrests made of fiberglassreinforced, black or white through-dyed polyamide with armrest pads made of gray or black through-dyed polypropylene, optionally with armrest pads made of gray or black throughdyed polyurethane foam. 1D armrests height-adjustable by 100 mm (3%") in ten lockable positions, the depth of the armrest pads on 3D armrests can also be extended by 50 mm (2") and the width by 25 mm (1"), 4D armrests can also rotate inwards and outwards by 25°.

#### **Standards**

The AT task chairs comply with the DIN EN 1335, ANSI/BIFMA X 5.1.. GS. IGR and AGR standards.





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All components used to adjust the chair (slide buttons and levers to adjust and lock the height, components for adjusting the lumbar support and pull-out knob for optional seat-depth extension) are made of gray through-dyed plastic.



Views and references Ergonomics and health Designs Accessories and other items Models and Technical details Awards, standards and certificates

AT. 187 range. Awards/standards/certificates.

### Wilkhahn

### Awards (the design accolades only apply to certain models)















### Product certificates/product standards







The AT task chairs comply with the DIN EN 1335, ANSI/BIFMA X 5.1., GS, IGR and AGR standards.

### Company's certificates, memberships











